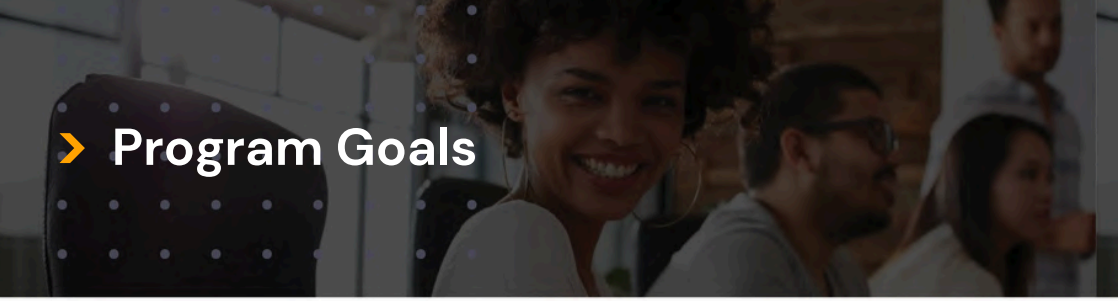


Empowering Women to Grow & Lead Successfully

› Leadership program

GROWIO
EMPOWERING YOUR GROWTH



Program Goals

1. **Support organisation** in developing an environment that tackles hidden gender bias and improves women's empowerment across the levels of organisations, while coaching leaders in fostering effective communication throughout the organization

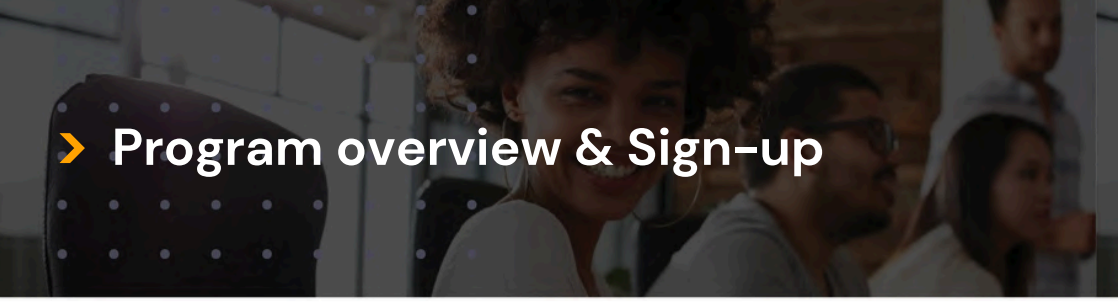
2. **Navigate the business landscape** in a complex global corporate, cross-cultural, cross-generational, and hybrid work environment—aligned with the organization's vision and strategy—while amplifying influence with strategic stakeholders

3. **Develop leadership skills** in each female leader by understanding her distinct leadership approach, enhancing executive presence in alignment with her strengths and principles, and acquiring the skills to lead others authentically, with clarity and self-confidence

4. **Guide colleagues** returning from parental leave to successfully re-join high-performing teams





Program overview & Sign-up

Program target groups:

- ✓ **Leaders with 10+ Years of Experience**
- ✓ **First- and Second-Line managers**
- ✓ **Team Leaders**
- ✓ **Emerging Young Leaders**
- ✓ **High-Potential Talent (with a Defined Leadership Track)**
- ✓ **Aspiring Professionals for a Potential Leadership Path**

Workshops details:

Face to face training blocks, full of dynamic learning experience through best practice sharing

EN language

max. 10 participants per group

January 2027 - August 2027 (8 sessions)

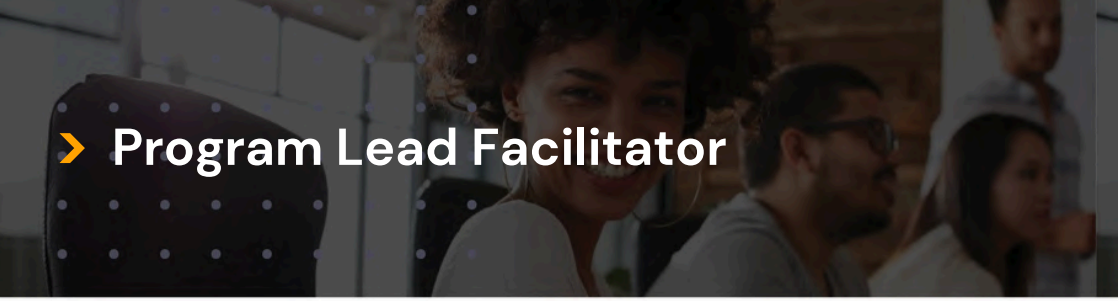
Nivy Tower, Mlynské nivy 18890/5, 821 09 Ružinov, Bratislava











Program Lead Facilitator

ZDENKA SLAČKOVÁ

Senior facilitator

University of Economics, faculty of Commerce, Bratislava

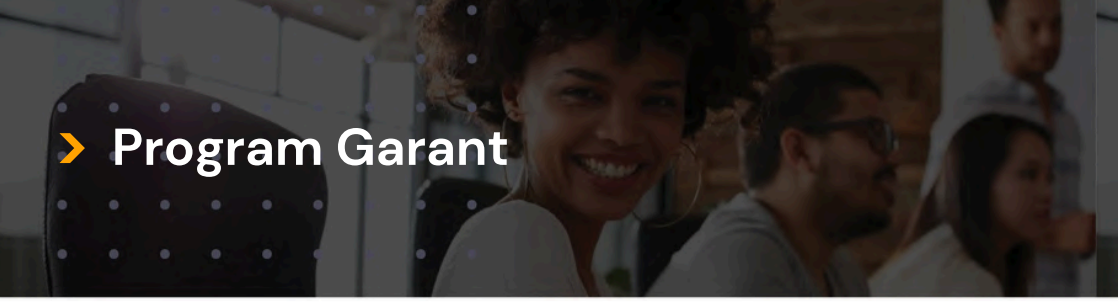


Professional experience:
Zdenka is a results-driven manager, certified coach, and trusted team leader with over a decade of experience in multinational environments.

She has led cross-functional, international teams across Europe in finance and analytics, consistently nurturing future leaders, building high-performing teams from the ground up, and driving meaningful process enhancements.

Recognized for unlocking potential in others, scaling teams with purpose, and delivering operational impact, she thrives where data, people, and strategy meet.
Zdenka is passionate about mentoring emerging talent, guiding professionals into their first leadership or expert roles, and facilitating workshops focused on communication, coaching, and hybrid collaboration.

Her leadership is rooted in integrity, continuous improvement, and a deep ability to foster trust and cohesion in distributed teams.
She champions purposeful leadership, feminine energy in the workplace, and supports women as they navigate the intersection of ambition and personal growth.



Program Garant

BARBORA STANKOVIČOVÁ



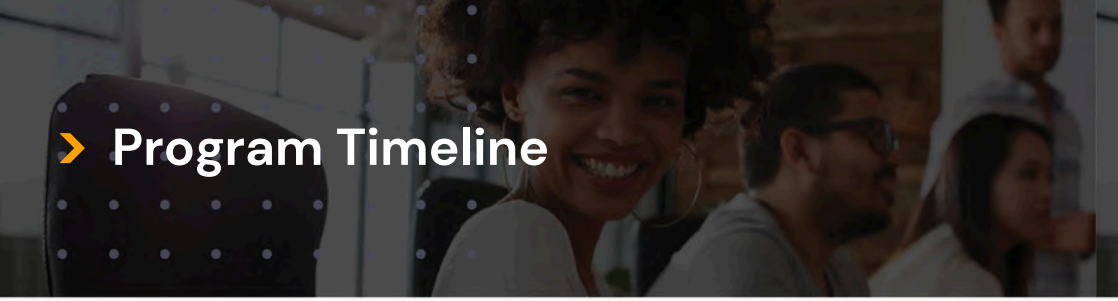
Senior Director Strategy & Development Consulting, Strategy & Business Growth Mentor

Comenius University, faculty of Business Management, Bratislava
Additional studies in the fields of Corporate Governance in Harvard Business School, USA, Economic Development at Oxford University, UK, and Islamic Financing for SDGs by UNDP & IsDB Institute

Professional experience:
Barbora is an experienced market leader, executive director and consulting director striving to build value and deliver positive impact solutions working with governments, corporates, foundations, communities & investors over two decades and across five continents.
She combines extensive business development experience, strategy advisory, program delivery, leadership of cross-cultural teams and inclusive workplaces.
She is a passionate promoter of empowering individuals and teams, inclusivity & better workplace.
Barbora was the first female partner and female country director of the Palladium Strategy business unit.
She designed and delivered the first Women in Leadership program with LEAF, guest speaker in various conferences and panel discussion internationally.

Her extensive consulting experience is cross-sectorial, public and private players, with notable achievements like leading four clients to obtain prestigious Hall of Fame award for Strategy Execution, led national level of sectorial, regional and city transformations, as well as designed the largest skills training delivery awarded by Asia Book of Records.
She has delivered successful expansion to new countries and markets, building new teams, and merging teams of different cultures, capabilities, increasing business drive & productivity.

... and many guest speakers from the field with 20+ years of experience.



Program Timeline

JANUARY 2027 — 1 — Inspiring Executive Presence - Women in Leadership

FEBRUARY 2027 — 2 — Emotional Intelligence in Leadership

MARCH 2027 — 3 — Building Up a Winning Team

APRIL 2027 — 4 — Work-Life Balance

MAY 2027 — 5 — Stakeholder Management & Influencing skills

JUNE 2027 — 6 — Leader as a Coach

JULY 2027 — 7 — Storytelling in Leadership

AUGUST 2027 — 8 — **1:1 feedback sessions**
individual feedback sessions with participants, defining the way to go

1/ Inspiring Executive Presence – Women in Leadership

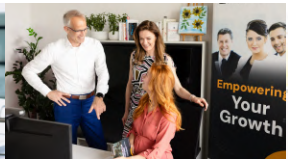
Workshop content:

- ✓ **Build a strong executive presence** that embodies confidence, competence, and authenticity - enabling women leaders to inspire and influence effectively
- ✓ **Enhance communication skills** to articulate visions clearly and persuasively, ensuring visibility and impactful leadership in traditionally male-dominated environments
- ✓ **Equip participants with strategies** to identify, navigate, and overcome gender biases, fostering an inclusive culture that values diverse leadership styles and contributions
- ✓ **Foster the creation of resilient and supportive networks** that bolster women's leadership pathways, enhancing collective strength and advancing career progression within organizations

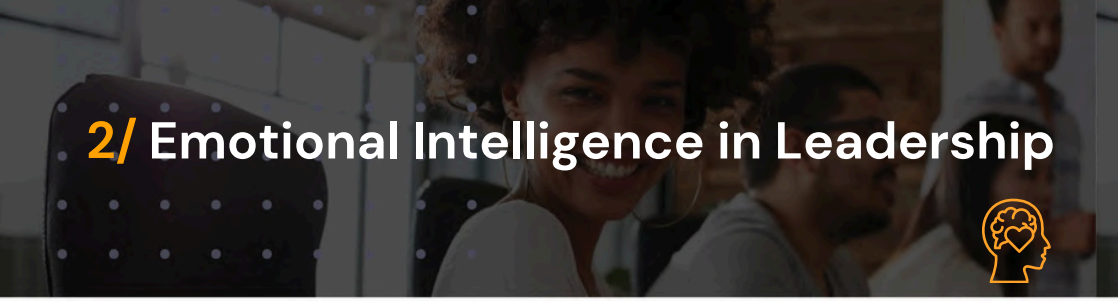
Workshops details:

1,5 day workshop

January 28, 2027: 9AM - 4PM
January 29, 2027: 9AM - 12AM



2/ Emotional Intelligence in Leadership

Workshop content:

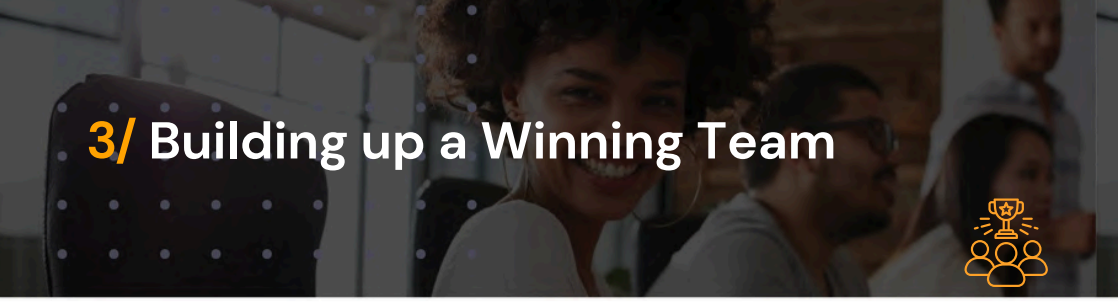
- ✓ **Develop a deep understanding** of one's own emotions and those of others to enhance decision-making, communication, and leadership effectiveness
- ✓ **Learn techniques** for effectively regulating and controlling emotions to maintain poise and focus under pressure, fostering a stable and productive work environment
- ✓ **Develop empathetic leadership skills** that promote understanding and respect within diverse teams, enhancing collaboration and employee engagement
- ✓ **Acquire strategies** to leverage emotional intelligence in leadership challenges such as conflict resolution, change management, and building resilient teams

Workshops details:

2 days workshop

February 10, 2027: 9AM - 4PM
February 11, 2027: 9AM - 4PM





3/ Building up a Winning Team

Workshop content:

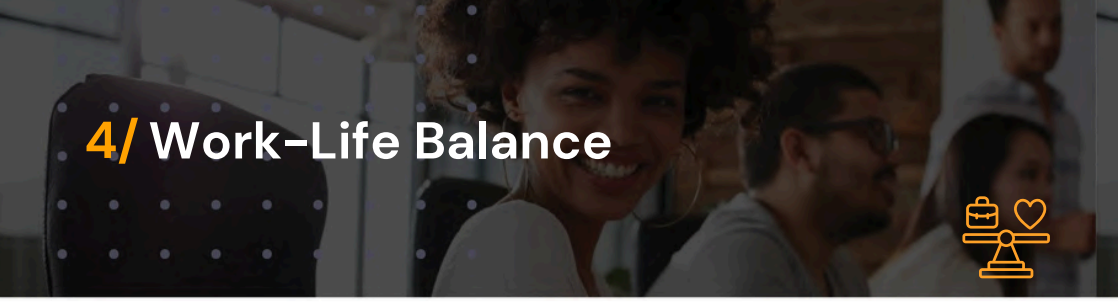
- ✓ **Apply key techniques** to foster psychological safety and trust—laying the foundation for high-performing, collaborative teams
- ✓ **Cultivate a team environment** where accountability, inclusivity, and empowerment are cornerstones, leading to greater ownership and engagement
- ✓ **Enhance team communication and collaboration** through proven strategies, including active listening, open dialogue, and constructive feedback, leading to more effective problem-solving and conflict resolution
- ✓ **Develop and refine leadership skills** in delegation, talent development, and creating growth opportunities to maximize team potential and achieve breakthrough results

Workshops details:

1,5 day workshop

March 11, 2027: 9AM - 4PM
March 12, 2027: 9AM - 12AM





4/ Work-Life Balance

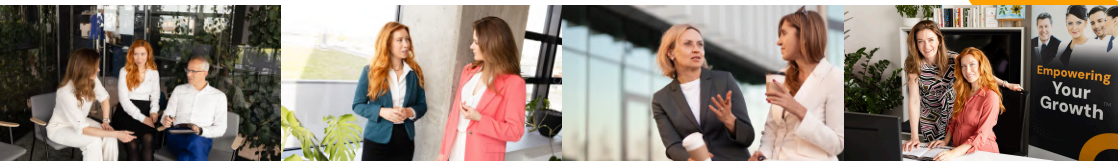
Workshop content:

- ✓ **Explore personalized strategies** for integrating work, personal life, and well-being
- ✓ **Identify individual values, priorities, and energy patterns** to design a work-life approach that aligns with unique needs and aspirations
- ✓ **Master practical time management** and prioritization techniques to enhance productivity, reduce stress, and create space for what matters most
- ✓ **Implement self-care practices** and stress management techniques to build resilience, enhance well-being, and prevent burnout

Workshops details:

2x half day workshop

April 8, 2027: 9AM - 12AM
April 9, 2027: 9AM - 12AM



5/ Stakeholder Management & Influencing Skills

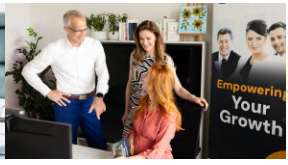
Workshop content:

- ✓ **Cultivate a deep understanding** of how perception shaped by culture, personality, professional experience, and generational differences affects stakeholder communication and strategy
- ✓ **Master techniques** for developing and sustaining trust and strong relational dynamics critical for effective influence and stakeholder engagement
- ✓ **Gain proficiency** in advanced tools for preparing critical stakeholder conversations, including sophisticated stakeholder mapping, influence mapping, and applying the Buying Centre concept in leadership scenarios
- ✓ **Refine skills** in persuasion, negotiation, and influencing, supplemented by critical thinking strategies for handling objections and arguments in complex business situations

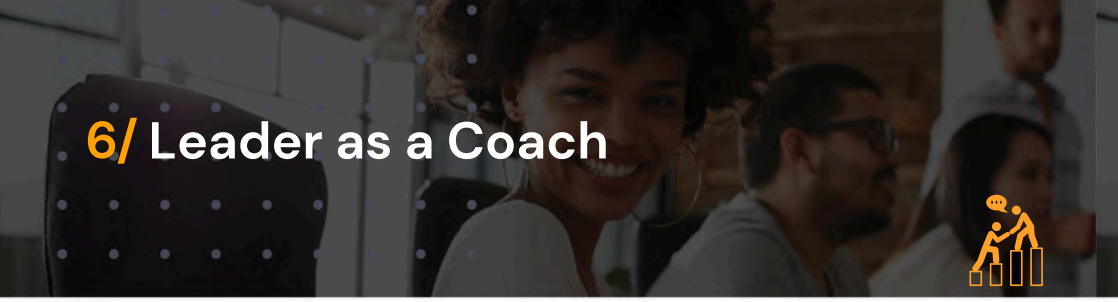
Workshops details:

1,5 days workshop

May 20, 2027: 9AM - 4PM
May 21, 2027: 9AM - 12AM



6/ Leader as a Coach

Workshop content:

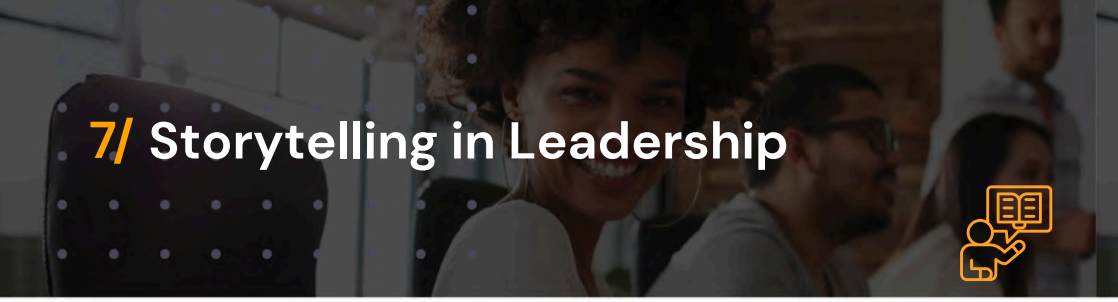
- ✓ **Cultivate a coaching mindset** that emphasizes empathy, curiosity, and a commitment to the growth of others, enabling leaders to foster a supportive and empowering environment
- ✓ **Master advanced communication techniques** essential for effective coaching, including active listening, powerful questioning, and feedback delivery that motivates and inspires growth
- ✓ **Equip leaders with practical tools and frameworks** to facilitate effective coaching sessions, goal setting, and follow-through, enhancing individual and team performance
- ✓ **Develop skills to transition** from traditional leadership roles to transformational coaching roles that drive innovation, adaptability, and sustained performance in teams

Workshops details:

1,5 days workshop

June 9, 2027: 9AM - 4PM
June 10, 2027: 9AM - 12AM





7/ Storytelling in Leadership

Workshop content:

- ✓ **Develop expertise** in crafting compelling narratives that resonate with diverse audiences, emphasizing the strategic use of storytelling to shape perception and inspire action
- ✓ **Learn how to emotionally connect** with stakeholders through storytelling, utilizing emotional intelligence to enhance message receptiveness and retention
- ✓ **Enhance personal presence and authenticity** in leadership communication by integrating personal stories that align with organizational values and vision
- ✓ **Acquire advanced skills** for strategically employing storytelling in various leadership scenarios, including change management, team motivation, and presenting complex information effectively

Workshops details:

1,5 days workshop

July 8, 2027: 9AM - 4PM
July 9, 2027: 9AM - 12AM



Contact details

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